

SHADY SIDE

ACADEMY

Senior School
WEEK 4 (APRIL 22 – APRIL 28)

Gluten free options are available daily.

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
Day Breakers	Omelet Station or Southwest Burrito Sausage Hash Browns Assorted Cold Cereal Assorted Fruits	Waffle Bar or Cheesy Eggs Crispy Bacon Home Fries Assorted Cold Cereal Assorted Fruits	Omelet Station or Blueberry Pancakes Maple Sausage Hash Browns Assorted Cold Cereal Assorted Fruits	Waffle Bar or Cheese Egg Scramble Sausage Patty Breakfast Potatoes Assorted Cold Cereal Assorted Fruits	Omelet Station or Apple Pie Oatmeal Crispy Bacon Breakfast Potatoes Assorted Cold Cereal Assorted Fruits	Waffle Bar or California Turkey Burger or Cheesy Scrambled Eggs Home Fries Turkey Sausage Assorted Cold Cereals Fruit & Yogurt Bar	Omelet Station or Chicken Caprese or Strawberry Pancakes Shredded Hash Browns Breakfast Sausage Patty Assorted Cold Cereals Fruit & Yogurt Bar
Main Plate	Chicken Tenders or Eggplant Caprese Stacks Roasted Potatoes Green Beans Vegetable Medley	Gyros or Spinach Pie Parmesan Orzo Vegetable Medley	<u>PIG IN BLANKET DAY</u> Mini Corn Dog Bites or Vegetable Lasagna Cheesy Potatoes Broccoli Vegetable Medley	Pizza Grilled Cheese or Parmesan Crusted Tilapia Roasted Tomato Orzo Roasted Cauliflower Vegetable Medley	Buffalo Chicken Pizza or Cheese Pizza Couscous Peas Vegetable Medley	Home Fries Turkey Sausage Assorted Cold Cereals Fruit & Yogurt Bar	Shredded Hash Browns Breakfast Sausage Patty Assorted Cold Cereals Fruit & Yogurt Bar
Evening Main Plate	Sweet & Sour Chicken or Teriyaki Vegetable Stir Fry Steamed Rice Spring Rolls Vegetable Medley	CHEF'S CHOICE	Open Faced Chipotle Carne Asada Burrito or Assorted Flat Bread Pizza Spanish Rice Fresh Vegetable Vegetable Medley	Polish Kielbasa w/ Sauerkraut or Pierogis Cabbage and Noodles Fresh Green Beans Vegetable Medley	Garlic Chicken or General Tso's Cauliflower Wrap Steamed Rice Fresh Vegetable Vegetable Medley	Pulled BBQ Pork Sandwich w/ Coleslaw or Tuscan Tuna Melt Sweet Potato Fries Red Pepper Corn Medley Vegetable Medley	Herb Crusted Pork Loin w/ Roasted Garlic Sauce or Italian Stuffed Portobellos Roasted Smashed Potatoes Fresh Vegetable Vegetable Medley

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